

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Smet Elke HEADCOACH

Coaches: Schepers Jérôme

Coaches: Bijloos Annie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 12: 200M FREESTYLE MEN 11+					Heat:2, starttime: 14:23
Heat: 2/9 Lane : 3 Athlete: REYNIERS WARRE					Q-time: 03:38:88
PB (50m pool): no time PB (25m pool): 03:38.88 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:4, starttime: 14:31
Heat: 4/9 Lane : 1 Athlete: BOEL ELIAS					Q-time: 02:39:50
PB (50m pool): 02:39.50 Gent 08/02/2026 PB (25m pool): 02:35.98 SB: 02:39.50 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.76	01:16.51	01:58.45	02:39.50	
	00:35.76	00:40.75	00:41.94	00:41.05	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:4, starttime: 14:31
Heat: 4/9 Lane : 5 Athlete: SCHEPERS RUBEN					Q-time: 02:32:91
PB (50m pool): 02:45.11 Antwerpen 13/07/2025 PB (25m pool): 02:32.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.92	01:21.50	02:04.13	02:45.11	
	00:38.92	00:42.58	00:42.63	00:40.98	
					

Coach feedback:

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Event number: 12: 200M FREESTYLE MEN 11+					Heat:6, starttime: 14:37
Heat: 6/9 Lane : 1 Athlete: MAES JORDY					Q-time: 02:25:37
PB (50m pool): 02:32.00 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:25.37 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:32.00	
	no time				
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:6, starttime: 14:37
Heat: 6/9 Lane : 2 Athlete: LUYPAERT EDEN					Q-time: 02:24:14
PB (50m pool): 02:30.93 Lochristi 01/02/2026 PB (25m pool): 02:24.14 SB: 02:30.93 Lochristi 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:11.00	no time	02:30.93	
	no time				
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:6, starttime: 14:37
Heat: 6/9 Lane : 3 Athlete: DE COCK MATZ					Q-time: 02:23:12
PB (50m pool): 02:23.12 Aalst 20/12/2025 PB (25m pool): 02:23.57 SB: 02:23.12 Aalst 20/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.34	01:08.94	01:46.77	02:23.12	
	00:32.34	00:36.60	00:37.83	00:36.35	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:7, starttime: 14:40
Heat: 7/9 Lane : 4 Athlete: POPPE WARRE					Q-time: 02:11:89
PB (50m pool): 02:26.06 Antwerp 26/01/2025 PB (25m pool): 02:11.89 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.13	01:10.35	01:48.46	02:26.06	
	00:34.13	00:36.22	00:38.11	00:37.60	
					

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: AZL

Event number: 12: 200M FREESTYLE MEN 11+					Heat:8, starttime: 14:43
Heat: 8/9 Lane : 2 Athlete: VAN DEN BREMT MATHIAS					Q-time: 02:08:40
PB (50m pool): 02:14.59 Antwerpen 20/07/2025					PB (25m pool): 02:08.40 SB: 02:16.21 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.29	01:05.62	01:40.58	02:14.59	
	00:31.29	00:34.33	00:34.96	00:34.01	
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:57
Heat: 3/9 Lane : 3 Athlete: BELMANS MARGAUX					Q-time: 03:03:75
PB (50m pool): 03:03.75 Antwerpen 13/07/2025					PB (25m pool): 02:59.87 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.44	01:28.24	02:16.28	03:03.75	
	00:40.44	00:47.80	00:48.04	00:47.47	
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:57
Heat: 3/9 Lane : 7 Athlete: HUYLEBROECK JANNE					Q-time: 03:09:74
PB (50m pool): no time					PB (25m pool): 03:09.74 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:4, starttime: 15:01
Heat: 4/9 Lane : 8 Athlete: VANDERSTRAETEN HELENA					Q-time: 03:01:86
PB (50m pool): 03:12.47 Antwerpen 13/07/2025					PB (25m pool): 03:01.86 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.13	01:33.94	02:24.61	03:12.47	
	00:41.13	00:52.81	00:50.67	00:47.86	
					

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: AZL

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:6, starttime: 15:08
Heat: 6/9 Lane : 1 Athlete: DEN TANDT AMBER					Q-time: 02:37:89
PB (50m pool): 02:37.89 Aalst 11/05/2025					PB (25m pool): 02:28.75 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.50	01:15.30	01:56.27	02:37.89	
	00:35.50	00:39.80	00:40.97	00:41.62	
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:7, starttime: 15:11
Heat: 7/9 Lane : 1 Athlete: VANDER MIJNSBRUGGE LORE					Q-time: 02:30:49
PB (50m pool): 02:30.49 Aalst 20/12/2025					PB (25m pool): 02:28.60 SB: 02:30.49 Aalst 20/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.86	01:13.41	01:53.68	02:30.49	
	00:34.86	00:38.55	00:40.27	00:36.81	
					

Coach feedback:

Event number: 14: 200M BACKSTROKE MEN 11+					Heat:1, starttime: 15:20
Heat: 1/2 Lane : 6 Athlete: VERHULST LENNERT					Q-time: 99:99:99
PB (50m pool): 03:47.88 Aalst 24/02/2019					PB (25m pool): 02:26.43 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:47.88	
	no time				
					

Coach feedback:

Event number: 14: 200M BACKSTROKE MEN 11+					Heat:2, starttime: 15:24
Heat: 2/2 Lane : 2 Athlete: BOONE FELIX					Q-time: 02:40:82
PB (50m pool): 02:54.86 Aalst 22/06/2024					PB (25m pool): 02:40.82 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:54.86	
	no time				
					

Coach feedback:

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Event number: 14: 200M BACKSTROKE MEN 11+					Heat:2, starttime: 15:24
Heat: 2/2 Lane : 6 Athlete: VERHULST MEINDERT					Q-time: 02:26:90
PB (50m pool): 02:42.81 Charleroi 12/01/2025					PB (25m pool): 02:26.90 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.26	01:19.62	02:02.73	02:42.81	
	00:38.26	00:41.36	00:43.11	00:40.08	
					

Coach feedback:

Event number: 20: 100M FREESTYLE MEN 11+					Heat:3, starttime: 16:27
Heat: 3/3 Lane : 7 Athlete: VERHULST LENNERT					Q-time: 00:59:46
PB (50m pool): 00:58.25 Antwerpen 14/07/2024					PB (25m pool): 00:57.07 SB: no time
	5 0 M	1 0 0 M			
PB	no time	00:58.25			
	no time				
					

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 16:43
Heat: 3/6 Lane : 1 Athlete: LUYPAERT EDEN					Q-time: 01:24:99
PB (50m pool): 01:24.99 Antwerp 02/02/2025					PB (25m pool): 00:45.03 SB: 01:26.38 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M			
PB	00:41.62	01:24.99			
	00:41.62	00:43.37			
					

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 16:43
Heat: 3/6 Lane : 5 Athlete: SCHEPERS RUBEN					Q-time: 01:21:24
PB (50m pool): 01:20.59 Antwerpen 15/03/2026					PB (25m pool): 01:21.24 SB: 01:20.59 Antwerpen 15/03/2026
	5 0 M	1 0 0 M			
PB	00:38.99	01:20.59			
	00:38.99	00:41.60			
					

Coach feedback:

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Event number: 22: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 16:47
Heat: 5/6 Lane : 2 Athlete: MAES JORDY			Q-time: 01:13:19
PB (50m pool): 01:14.56 Antwerp 09/02/2025			PB (25m pool): 01:13.19 SB: 01:15.13 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:36.26	01:14.56	
	00:36.26	00:38.30	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 16:47
Heat: 5/6 Lane : 4 Athlete: VAN DEN BREMT MATHIAS			Q-time: 01:09:59
PB (50m pool): 01:18.21 Gent 08/02/2026			PB (25m pool): 01:09.59 SB: 01:18.21 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:37.46	01:18.21	
	00:37.46	00:40.75	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 16:47
Heat: 5/6 Lane : 8 Athlete: DE COCK MATZ			Q-time: 01:16:20
PB (50m pool): 01:20.86 Antwerpen 14/07/2024			PB (25m pool): 01:16.20 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:20.86	
	no time		
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 16:50
Heat: 6/6 Lane : 8 Athlete: POPPE WARRE			Q-time: 01:09:55
PB (50m pool): 01:08.68 Antwerpen 15/03/2026			PB (25m pool): 01:09.55 SB: 01:08.68 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.33	01:08.68	
	00:33.33	00:35.35	
			

Coach feedback:

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Event number: 23: 100M BACKSTROKE WOMEN 11+			Heat:1, starttime: 16:52
Heat: 1/4 Lane : 6 Athlete: HUYLEBROECK JANNE			Q-time: 01:42:54
PB (50m pool): 01:37.19 Antwerpen 15/03/2026			PB (25m pool): 01:41.99 SB: 01:37.19 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:48.79	01:37.19	
	00:48.79	00:48.40	
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 17:02
Heat: 1/3 Lane : 3 Athlete: REYNIERS WARRE			Q-time: 01:54:84
PB (50m pool): 01:52.87 Antwerpen 15/03/2026			PB (25m pool): 01:58.47 SB: 01:52.87 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:52.86	01:52.87	
	00:52.86	01:00.01	
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 17:04
Heat: 2/3 Lane : 3 Athlete: BOEL ELIAS			Q-time: 01:35:08
PB (50m pool): 01:32.41 Antwerpen 15/03/2026			PB (25m pool): 01:32.48 SB: 01:32.41 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:43.92	01:32.41	
	00:43.92	00:48.49	
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 17:04
Heat: 2/3 Lane : 6 Athlete: BOONE FELIX			Q-time: 01:37:34
PB (50m pool): 01:37.34 WACHTEBEKE 19/01/2025			PB (25m pool): 01:35.27 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:37.34	
	no time		
			

Coach feedback:

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Event number: 24: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 17:07
Heat: 3/3 Lane : 5 Athlete: VERHULST MEINDERT			Q-time: 01:11:67
PB (50m pool): 01:11.67 Lochristi 01/02/2026			PB (25m pool): 01:11.79 SB: 01:11.67 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:11.67	
	no time		
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 17:18
Heat: 5/5 Lane : 8 Athlete: DEN TANDT AMBER			Q-time: 01:29:95
PB (50m pool): 01:42.52 Aalst 08/03/2020			PB (25m pool): 01:29.95 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:42.52	
	no time		
			

Coach feedback:

Event number: 27: 100M BUTTERFLY WOMEN 11+			Heat:1, starttime: 17:27
Heat: 1/2 Lane : 3 Athlete: VANDER MIJNSBRUGGE LORE			Q-time: 01:24:19
PB (50m pool): 01:22.55 Antwerpen 15/03/2026			PB (25m pool): 01:20.73 SB: 01:22.55 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.52	01:22.55	
	00:36.52	00:46.03	
			

Coach feedback:

Event number: 27: 100M BUTTERFLY WOMEN 11+			Heat:1, starttime: 17:27
Heat: 1/2 Lane : 6 Athlete: VANDERSTRAETEN HELENA			Q-time: 01:48:80
PB (50m pool): no time			PB (25m pool): 01:48.80 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: AZL

Event number: 27: 100M BUTTERFLY WOMEN 11+			Heat:1, starttime: 17:27
Heat: 1/2 Lane : 7 Athlete: BELMANS MARGAUX			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback: